



BASS Autumn Meeting 2025

Friday November 7

Antwerp

Sleep medicine:
the best is yet to come



Belgian
Association for
Sleep research and
Sleep medicine

www.belsleep.org

Venue

Flanders Convention Centre
Koningin Astridplein 20
2000 Anwerp

Fee

BASS members: free
(100€ after 01/11/2025)
Non-members: 80 €
(100€ after 01/11/2025)

Getting there

[www.aroomwithazoo.com/en/
practical/getting-there/](http://www.aroomwithazoo.com/en/practical/getting-there/)

Registration

www.belsleep.org

Accreditation

has been requested



Program

MORNING SESSION

Arrival and registration with coffee	08:30 - 09:00
Welcome and introduction <i>Dries Testelmans, president of the BASS</i> <i>Johan Verbraecken, local organiser</i>	09:00 - 09:15
Main Session Part 1	
Chairs: Sonia Scaillet – Dries Testelmans	
Management of restless legs and PLM in OSA <i>Roselyne Rijsman, Den Haag, The Netherlands</i>	09:15 - 09:45
Drug-induced sleep endoscopy (DISE) in children with OSA <i>Monique Slaats, Tilburg, The Netherlands</i>	09:45 - 10:15
Coffee/tea break	10:15 - 10:45
Chairs: Marie Bruyneel – An Mariman	
Sleep- and memory-related changes in brain structure and function <i>Philippe Peigneux, Brussels</i>	10:45 - 11:30
Free Communications 1	Parallel session: Psychologists
Walking lunch	11:30 - 12:15
Chairs: Mélanie Strauss – Nigitha van Doorn	12:15 - 13:15

AFTERNOON SESSION

Chairs: Mélanie Strauss – Nigitha van Doorn	
Free Communications 2	Parallel session: BSST
Coffee/tea break	13:15 - 14:15
Coffee/tea break	14:15 - 14:45
Main Session Part 2	
Chairs: Bertien Buyse – Johan Verbraecken	
Management of (disturbed) sleep in the menopausal transition and thereafter <i>Marie Bruyneel, Brussels</i>	14:45 - 15:15
Obstructive sleep apnea and cognition <i>Tim Vaessen, Haarlem, The Netherlands</i>	15:15 - 15:45
The impact of road traffic noise on public health: data from the Citizens' science project De Oorzaak <i>Verena Iven, Antwerp</i>	15:45 - 16:15
Award ceremony <i>André Kahn Sleep Award Winner</i>	16:15 - 16:30
Adjourn	16:30

Images from exhibition 'Nocturnal Journey' by Hans Op de Beeck, KMSKA, with permission;
Photos by Dirk De Weerd

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