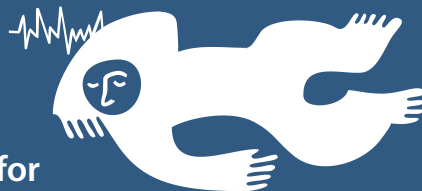


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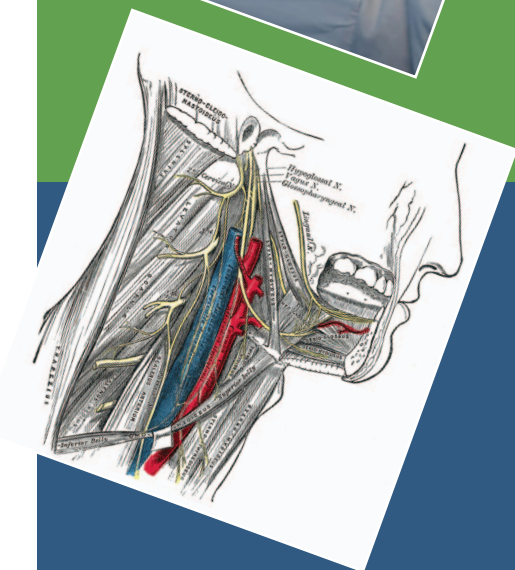


BASS Spring Meeting 2025

Friday May 23 Hasselt



Future trends and challenges for sleep medicine



Venue

KAAI 16
Scheepvaartkaai 16
3500 Hasselt

Fee

BASS members: free (100€ after 16/05/2025)
Non-members: 80 € (100€ after 16/05/2025)

Registration

www.belsleep.org

Accreditation

has been requested

Program



Arrival and registration with coffee	08:30 - 09:00
Welcome and introduction <i>Dries Testelmans, president of the BASS and Karolien Weytjens, local organizer</i>	09:00 - 09:15
Morning Session	
Chairs: Karolien Weytjens – Nigitha Van Doorn	
Light therapy for sleep disorders <i>Karin Van Rijn, Zwolle</i>	09:15 – 10:00
From sweet dreams to nightmares: unpacking nighttime narratives <i>Aurore Roland, Brussels</i>	10:00 – 10:45
Coffee/tea break	10:45 – 11:15
Chair: Marie Bruyneel – Sonia Scaillet	
Socio-economic aspects of sleep disorders <i>Olivier Mairesse, Brussels</i>	11:15 – 12:00
Walking lunch	12:00 – 13:15
Afternoon Session	
Chairs: Bertien Buyse – Johan Verbraecken	
Understanding and addressing insomnia in the elderly types <i>An Mariman, Gent</i>	13:15 – 14:00
Managing sleep-breathing disorders in the elderly <i>Fannie Onen, Paris</i>	14:00 – 14:45
Coffee/tea break	14:45 – 15:15
Chairs: Mélanie Strauss – Dries Testelmans	
Non-PAP mechanical therapy for OSA: MAD and HNS <i>Anne-Lise Poirrier, Liège</i>	15:15 – 15:45
OSA in women, a specific approach? <i>Athanasia Pataka, Thessaloniki</i>	15:45 – 16:30
Closing remarks	16:30 – 16:35

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